



**February 1, 2005**

*The Lazy Student's  
Guide to School  
Success*



**February 8, 2005**

*The Teen Guide to  
Getting Motivated*

**February 15,  
2005**

*How to Conquer Test  
Taking Anxiety*



**March 1, 2005**

*Developing a Positive  
Attitude Toward  
Homework*

**March 8, 2005**

*The Teen Guide to  
Effective Study Skills*



**March 15, 2005**

*10 Ways to Improve  
Your Grades*

# **Skill Building for Teens**

Sponsored by the FFSC and ASACS

*Tuesdays, 3:00-3:45*

*at the Zama Teen Center*

*Call 263-3862 to sign up!*